

# Church of the Most Holy Redeemer

July 1<sup>st</sup> , 2018

13<sup>th</sup> Sunday in Ordinary Time

## REFLECTION

**HEALED BY LAUGHTER:** "A cheerful heart is good medicine" (Proverbs 17:22). In the 1300's, surgeon Henri de Mondeville reportedly told jokes to his patients in the recovery room. Laughter exercises the face, shoulders, diaphragm, and abdomen. When the breathing deepens, the heart rate rises, and the blood takes up and transports more oxygen. Endorphins are released, pain thresholds are raised, and some studies suggest that even our immune systems are boosted. When we laugh, others laugh too. Laughter is a contagious, highly effective, non-prescription medicine. It has no side effects, and no one is allergic to it. Have we had our dose of laughter today? We can use the tool of humor to induce laughter for our health, healing and general sense of well-being. We can even spend time in daily practicing our laughing out loud – maybe by smiling first, then leaning into a giggle, and then in outright belly laughs!

Fr. Joseph

Pastor: Rev. Joseph Dovari (902-628-9463)  
 Office Admin:  
 Parish Council: Paul McKenna 566-1031  
 Finance Council: Ralph Dunn 892-2978  
 Refugee Committee: Dan Doran 626-3157

### Email Addresses

Office: info@holyredeemerpei.com  
 Website: [www.holyredeemerpei.com](http://www.holyredeemerpei.com)  
 Fr. Joseph: [dovarijoseph@yahoo.com](mailto:dovarijoseph@yahoo.com)  
 Dan Doran: dandoran@eastlink.ca

### GIFT BEARERS:

4 pm: Sister Sue & friends  
 10 am:

### ALTAR SERVERS:

4 pm:  
 10 am: Hy Tran; Taylor Tran; Julia Smith; Abby Peters

### WEEKDAY MASSES:

Mon: 9:00 Souls in Purgatory  
 Tues: 9:00 Intentions of Parishioners  
 2:00 Souls in Purgatory (Garden Home)  
 Wed: 9:00 Roy Murnaghan †; Special Intention  
 Thur: 9:00 Brent Landry; Barry Doucette †; David Morris  
 Fri: 9:00 Anna Paquet †  
 10:30 Mary Jane Arsenault (501 Queen)  
 Sat: 4:00 Glenn Peters; Joseph A. & Margaret Farrell  
 Sun. 10:00 Intentions of the Parishioners

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Sunday Collection: \$ 3,061.00  
 Capital Expenditures: \$ 2,502.10

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### PARISH:

**CHANGE IN MASS TIME:** Please note that for Canada Day, Sunday, July 1st, there will be just one Mass at Holy Redeemer and it will be at 10 AM. The Mass will be followed with cake and ice cream at the back of the Church. The regular schedule will return on the next Sunday - July 8<sup>th</sup>

**PARISH PRAYER TEAM :** Parishioners are invited to have prayers said for their loved ones who may be ill, undergoing tests or surgery, suffering from stress, mental health, addiction issues, for a deceased family member, or prayers of thanksgiving, etc. A small confidential "Parish Prayer Team" has been established by the Pastor, Fr. Joseph. You may do so by placing your prayer request in the box at the back near the main aisle of the church or contact, in confidence: Betty Doucette, Lay Pastoral Associate at 628-1782 or our pastor, Fr. Joseph Dovari at his cell phone: 628-9463. If your call goes to voice mail, leave a number where you can be reached. You can contact Fr. Joseph by e-mail at: [dovarijoseph@yahoo.com](mailto:dovarijoseph@yahoo.com)

**PEACEFUL PRO-LIFE DEMONSTRATION** on July 14th in Summerside at 11:00 am along the Roy Boats Ave. on the side of Walmart.

**A DELICIOUS WAY TO BRING A REFUGEE COUPLE TO PEI:** It's the July edition in the popular series of dinners at Sadat's Cuisine, to help support the immigration of a refugee couple coming to PEI from Afghanistan. Reserve Saturday, July 7th, between 6:00 and 8:00 at the Sadat's Cuisine, 223 University Avenue in Charlottetown. You get a multi-course meal of lamb, chicken, beef or vegetarian appeal - delicious food, all locally sourced, along with a decadent dessert. The price is \$30, and two-thirds of that goes to the refugee-support fund. We've added a bonus: raffle of jewelry crafted by displaced persons in Afghanistan, in the shape of those soaring kites which Afghan kids fly. This is good eating for a good cause. To reserve a time and meal-choice please call 902-367-6631 or 902-213-7420 by July 4<sup>th</sup>, 2018.

**CHARLOTTETOWN MEALS ON WHEELS** is offering home delivery of hot dinner meals. Meals are available Monday through Friday or on the days of your choice. The cost is \$4.00 per meal and the menu includes a hot dinner, dessert and bread. For more information, phone 902-368-7337.

**JOIN THE FRIENDS OF ST. ANDREWS** on Sunday, July 15, 2018 at 2:00 p.m. at St. Andrews Chapel, "*The Canny Scot: ArchBishop James Morrison of Antigonish*" by Dr. Peter Ludlow. Donation at the door. Lunch included.

**TWENTY-NINTH DIOCESAN SCRIPTURE INSTITUTE:** July 2-5, St. Pius X Church, Charlottetown. *Peter and Paul: Apostles and Martyrs*. Led by Dr. PHEME PERKINS. Brochures available in the churches. All welcome!

**ST. ANDREW'S CHAPEL:** Fr. Art O'Shea will speak on Bishop Peter MacIntyre at St. Andrew's Chapel on Sunday July 8th at 2pm. Born in Cable Head in 1818, MacIntyre was the third bishop of the Diocese of Charlottetown. He supported of Catholic education on the Island by making improvements to St. Dunstan's College, and in the building of St. Patrick's School for boys in Charlottetown. This school later became Queen Square School. In concern for the health of the people he pushed for the opening of the Charlottetown Hospital in 1879, the first one on the Island. St. Andrew's Chapel is 2 miles east of Mt. Stewart on the St. Peters Rd. Admission is by donation and a luncheon will be served.

**ANNUAL ST PATRICK'S PARISH PICNIC - Grand River, Sunday, July 8th, 1:00PM - 4:30PM:** Come out to enjoy and support our annual parish picnic in beautiful Grand River with an afternoon of fun and community. There will be BBQ, Bingo, Children's Games, a Cake Auction, Booths, a Flea Market, and local entertainment. Everyone is invited and most welcome!

**ST. PIUS X PARISH COUNCIL** invites parishioners throughout the Diocese to join with us celebrating the 25th Anniversary of Fr. Maurice Praught's Ordination to the Priesthood. The celebration will be held at St. Pius X Church, 106 St. Peter's Road, Charlottetown in the MacKenzie Room (lower level of the Church) on July 15th at 11:30 am (after 10:30 am Mass). Refreshments will be served.

**ST. BONAVENTURE'S CEMETERY PRAYER:** Tracadie Cross, following the 9:00 am Mass, Sunday, July 22. All welcome!

**"POPE PAUL VI AND HUMANA VITAE: 50 YEARS LATER:** " In celebration of the 50th anniversary of the Church's encyclical on birth control, *Humanae Vitae*, and in recognition of the upcoming canonization of its author, Pope Paul VI, please join us for a public talk on these subjects by three UPEI professors, Dr. Robert Dennis, Dr. Ariana Patey, and Dr. Peter Koritansky. The event will take place in the basement of St. Dunstan's Basilica on Saturday, July 28th at 7pm. There will be a Q&A afterwards.

**CONNOLLY ESTATE BURSARIES** are now available to qualifying university students in their first, second, third or fourth year. Apply at [www.owenconnollyestate.com](http://www.owenconnollyestate.com) before August 31. Recent bursaries have been in the range of \$3,000/year.

### JACK BLANCHARD FAMILY CENTRE ( Holy Redeemer

Parish Centre): For your Banquets, Meetings, Receptions, Wedding Receptions, Funeral Receptions, Birthday Parties, Workshops. Catering/Bar Service available. Please call Jennifer at (902) 330-8862.

**SENIOR ACTIVITIES - PARISH CENTRE** Auction 45's Wednesday at 1:30 PM (except Holidays.)